



STROLL THE COUNTY ON AN epicurean trek

Take your taste buds for a culinary adventure with an Epicurean Trek. Get on your bikes or start your engines, whatever the case may be, and choose a direction to discover the best in local farm-gate markets—organic greens and meats, bakers, canners, food artisans, purveyors of all types of food. We have even provided maps so you can design your own path based on your own cravings. Cheese connoisseurs, tea and scones and jam lovers, and maple product hounds have options galore.

Bring a knife and with the addition of a home-baked loaf, locally cured sausage and a chunk of Cheddar, you'll have lunch. Or, make your souvenir gift-list, put some boxes in the trunk, and load up with local fruit wines, preserves, chutneys, flavoured oils and dried herbs. We have created a helpful guide to the sweet and savoury culinary artisans in and around Stratford. Your taste buds will thank you.



1 Ann Slater's Fresh Organic Vegetables
157030 15TH LINE ZORRA, LAKESIDE NOM 2G0
519-349-2448 SAT 1PM - 4PM (CLOSED IN JULY).

"Great tasting vegetables grown with care and concern for people and the environment." A fifth-generation, 1.5 acre intensive certified organic market garden with sheep, horses and cows in the surrounding fields.

2 Bauman Apiaries & Home Baking
4060 NICKLIN STREET, MILLBANK NOK 1L0
519-595-4885 THURS AND SAT 10AM - 5PM.
TASTINGS OFFERED.

Family run Apiary with a Farm Store and Bakery selling different kinds of honey, delicious traditional baked goods, hand dipped beeswax candles, homemade summer sausage, maple syrup and GMO-free corn-fed beef.

3 Birtch Farms and Estate Winery
655514 15TH LINE, WOODSTOCK N4S 7W2
519-469-3040 birtchfarms.com FROM JUNE 1ST,
WED TO SAT 10AM - 5PM, SUN 1PM - 5PM.
WINE TASTINGS.

A family-owned pick your own farm and winery. Wines are made on site, from locally grown fruits other than grapes. Check out our website, listing our festivals, apple picking season, wagon rides, tours and farm fresh baked goods.

4 Bradshaws
129 ONTARIO STREET, STRATFORD 519-271-6283
bradshawscanada.com MON TO THURS 9:30AM - 6PM,
FRI 9:30AM - 8PM, SAT 9:30AM - 6PM, SUN
11AM - 5PM. TASTINGS OFFERED SAT 11AM - 4PM

A family-run Canadian business since 1895. A gourmet kitchen section features high-end cookware, knives, cutting boards, gourmet food items, and the best culinary tools from around the world.

5 Chocolate Barr's Candies Inc.
136 ONTARIO STREET, STRATFORD 519-272-2828
chocolatebarrs.com MON TO WED 9AM - 6PM,
THURS TO FRI 9AM - 8PM, SAT 9AM - 6PM, SUN
11AM - 5PM. TASTINGS OFFERED ON SAT.

Over 140 hand-made chocolates and candies in the store, all made on-site. Derek Barr has had over 9 years candy making experience. All your favourites, and some new creations such as Red Pepper Truffles. Our door is always open to look into the back production area.

6 County Food Co.
38 ERIE STREET, STRATFORD 519-275-2665
countyfoodco.com TUES TO FRI 10AM - 6PM,
SAT 10AM - 4PM. TASTINGS OFFERED.

Local Tastes Good. Our name says it all: we source the best available produce, local preserves, chutneys and cheeses from the counties that surround us. Do yourself a flavour and check us out!

7 Flour of Life
129 DOWNIE STREET, STRATFORD 519-508-5654
TUES TO SAT 10AM - 6PM. TASTINGS OFFERED.

The Flour of Life is a small family owned bake shop, located 1 block south of the Avon Theatre on Downie Street. We feature low sugar, no sugar, gluten free, lactose free and regular baked goods, such as quick breads, mousse cakes, muffins, tarts, pies and squares.

8 Kitchen Connaisseur
75 ONTARIO STREET, STRATFORD 519-271-3311
kitchenconnaisseur.com MON TO SUN 10AM - 6PM.
TASTINGS OFFERED.

Kitchen Connaisseur is Stratford's favourite specialty food store, featuring a line of award winning savoury sauces, dessert sauces, oils, vinegars, condiments and more. Unique gourmet gift baskets are renowned for their originality and value, and make a perfect gift for anyone with discriminating taste.

9 Lyndon Fish Hatcheries
1738 QUEEN STREET, NEW DUNDEE NOB 2E0
1-866-588-2427 lyndonfishhatcheries.com
OPEN GOOD FRIDAY TO THANKSGIVING: JUNE
TO AUG 7 DAYS 8AM - 5PM. OTHER MONTHS ON
WEEKENDS ONLY. SMOKED FISH TASTINGS OFFERED.

Founded in 2000, we are a family business with two sites in New Dundee and one on Manitoulin Island. Our spring-fed pond is stocked with thousands of feisty rainbow trout. Come out for a unique fishing experience with your whole family! We smoke arctic char and rainbow trout on-site, and supply your favourite restaurants.

10 McCully's Hill Farm
4074 PERTH LINE 9, RR#2 ST. MARYS N4X 1C5
1-866-622-8559 mccullys.ca WED TO SAT
9AM - 6PM, SUN 9AM - 5:30PM.
TASTINGS OFFERED ON SAT.

One of Ontario's oldest family farms, in operation for over 160 years. Bring the family or your school class to a farm store and a working farm. We have a line of jams, jellies and preserves that are made from seasonally ripe, local fruit and many are handmade on our farm. Learn, play and shop for the season!

11 Megens Family Farm
2877 RD 119 (HWY 7) ST. MARYS N4X 1C9
519-284-3199

An 80-acre farm growing fruits and vegetables since 1990. We strive to grow the most nutritious, highest quality asparagus, strawberries, squash, pumpkins and other edibles using sound agricultural techniques and environmental stewardship. Visit the goats and sheep at our annual Strawberry Festival in June, or pick your own berries in our field.

12 Neubrand Country Produce
6548 LINE 49, RR#2 MONKTON NOK 1P0
519-347-2766 MON TO FRI 1PM - 6PM.
TASTINGS OFFERED.

A family-run market gardening operation, supplying chefs since 1994. We grow a wide range of vegetables and berries naturally and raise turkeys, ducks, geese, chickens and laying hens. Four greenhouses allow us to grow during the winter months.

13 Pass da Pasta
127 ALBERT STREET, STRATFORD 519-272-1956
TUES TO FRI 10AM - 6PM, SAT 10AM - 5PM.
TASTINGS OFFERED ON SAT.

Making high quality pasta for over 15 years. Specialty food shop - homemade fresh pasta, ravioli, sauces, cheese, olives, take-away lunches and picnic fare and lots more!

14 Perth Pork Products
4538 LINE 38, RR1 SEBRINGVILLE NOK 1N0
519-393-6812 perthporkproducts.com
MON, THURS & SAT 10AM - 12PM. TASTINGS OFFERED.

Heritage breeds - Tamworth, Berkshire and Wild Boar - have been raised on our farm and supplied to Ontario's best chefs since 1992. Learn how pigs are raised room, compared to the "old fashioned way", which can be seen with the heritage breeds, raised on pastures and in the bush.

15 Rheo Thompson Candies
55 ALBERT STREET, STRATFORD 519-271-6910
rheothompson.com MON TO SAT 9AM - 5:30PM,
SUN (MAY TO DEC) 11AM - 3PM. TASTINGS OFFERED.

Celebrating over 40 years of traditional candy making in Stratford. We specialize in creating over 100 different candies, chocolates, fudge, hard candies, caramel corn, and our world famous Mint Smoothie. All products are made on site from whole ingredients, and all dairy comes from local farms. The aroma is enticing the moment you walk in the door.

16 Rocky Mountain Chocolate Factory
10 DOWNIE STREET, STRATFORD 519-272-2807
rockychoc.com MON 10AM - 5:30PM, TUES
TO SAT 9AM - 9PM, SUN 10AM - 5:30PM.
TASTINGS OFFERED.

Looking for an adventure in pure pleasure? Step through our doors and you'll get that kid-in-a-candy-store feeling again. Watch fudge being made by hand, or breathe in the sweet aroma of caramel bubbling in a copper pot. Our huge selection of chocolates and treats lets you choose a different pleasure every time you come in.

17 Shakespeare Pies
2264 HURON ROAD WEST, SHAKESPEARE NOB 2P0
519-625-1286 TUES TO SAT 9AM - 5:30PM.
TASTINGS OFFERED.

Family owned and operated bakery, local food retail store and meat market. Fresh products purchased from local farmers. Watch the girls baking our pies in the kitchen, but only if you stay out of their way! All of our pies are made "from scratch" and on site. We'll even share some of our baking tips!

18 Soiled Reputation
4129 RD 130, SEBRINGVILLE NOK 1X0 519-393-6497
soiledreputation.net MON, TUES, THURS
AND SAT 10AM - 2PM. TASTINGS OFFERED.

A certified organic year-round produce farm, supplying the best restaurants in Ontario for over 15 years. Food TV host Antony John, "The Manic Organic," runs the farm, practicing ecologically sound, certified organic growing techniques that enrich, rather than deplete the soil. Biodiversity is maximized wherever possible, and an ecosystem approach to growing is demonstrated.

19 Tea Leaves Tea Tasting Bar
433 ERIE STREET, STRATFORD 519-273-1201
stratfordtealeaves.com OPEN ALL YEAR.
WED TO SAT 11AM - 5PM.

Sample high-end, loose teas before you purchase at Stratford's unique tasting bar. Tea Leaves is Canada's leading purveyor of fine loose-leaf teas, and the creation of Karen Hartwick, Canada's tea sommelier. Explore the ancient world of teas. Tantalize your senses and expand your tea knowledge. Group tastings and seminars by appointment.

20 The Best Little Pork Shoppe
2146 HWY 7&8, SHAKESPEARE NOB 2P0
519-625-8194 porkshoppe.com APR 1 TO DEC 24:
SUN TO FRI 10AM - 6PM. SAT 9AM - 6PM. TASTINGS
OFFERED ON WEEKENDS.

The Shoppe is now in its 22nd year, offering local meats, baked goods and more. Take a minute to visit our horse, fainting goats, sheep and pigs. We work closely with several, local, small and independent farmers to supply carefully selected products of superior quality and taste. Our motto - "we don't sell anything we don't like ourselves."

M1 Stratford Farmers' Market
STRATFORD ROTARY COMPLEX 353 MCCARTHY ROAD,
STRATFORD YEAR ROUND SAT 7AM - 12PM.

M2 St. Marys Farmers' Market
JONES STREET PARKING LOT, ST. MARYS
MAY 16 TO NOV 28, 2009 SAT 8AM - 12PM.

M3 Milverton Farmers' Market
JUNE TO SEPT THURS 4PM - 7PM.

M4 Mitchell Farmers' Market
MAY TO OCT (THANKSGIVING) FRI 9AM - 1PM.